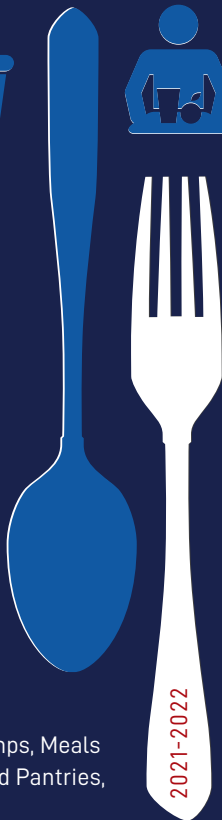


NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



2021-2022

~~HUNGER~~
FREE
AMERICA

Including information on SNAP/Food Stamps, Meals for Kids, Senior Meals, Soup Kitchens, Food Pantries, Farmers' Markets, and more...

ABOUT

**THIS GUIDE WAS PRODUCED BY
HUNGER FREE NYC TO CONNECT THOSE IN
NEED WITH FREE COMMUNITY RESOURCES.
WE HOPE IT PROVES USEFUL TO YOU.**

**INFORMATION IN THIS GUIDE IS ALSO
AVAILABLE AT
FINDFOOD.HUNGERFREEAMERICA.ORG.**

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This Guide is also available as a free PDF on our web site,
[hungerfreeamerica.org/en-us/neighborhood-guides-to-food--
assistance](http://hungerfreeamerica.org/en-us/neighborhood-guides-to-food--assistance)

To order additional copies of this guide,
send us an email at guides@hungerfreenyc.org
or visit orders.hungerfreeamerica.org

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FREE
AMERICA**

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SNAP/ FOOD STAMPS

SNAP benefits (formerly known as food stamps) can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?

➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.

➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.

➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but **households that have members who have earned income, who are disabled or elderly (60 or older), or have out-of-pocket expenses for childcare or dependent care, can have higher incomes and still be eligible.**



NUMBER OF PEOPLE
IN HOUSEHOLD



MONTHLY INCOME LIMIT
(PRE-TAXES) ¹



MAX. MONTHLY
SNAP BENEFITS ²

1

\$1,383

\$204

2

\$1,868

\$374

3

\$2,353

\$535

4

\$2,839

\$680

Each additional
household member

+\$486
(approximately)

+\$153
(approximately)

¹In effect
10/1/20 - 9/30/21.

²In effect
10/1/20 - 9/30/21.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ The Trump Administration's Public Charge Rule ended on March 9, 2021. Using SNAP, P-EBT, WIC, or Food Pantries will not affect your immigration status. The Public Charge Rule still exists for some immigration applications but **ONLY** applies to government cash benefits (e.g. TAFDC, EAEDC, SSI) and long-term charge paid for by the government (e.g. nursing home).

➔ For questions about how receiving SNAP or other benefits may affect immigration status, please call the NYS New Americans hotline at 800.566.7636

STUDENT ELIGIBILITY

Under the Consolidated Appropriations Act, 2021, SNAP eligibility has been temporarily expanded for students of higher education.

College students may be able to receive benefits if they are enrolled at a college or university at least half-time as defined by the institution and meet one of the following criteria:

- Eligible for a state or federal work-study program, even if not enrolled in work-study; or
- Have an Expected Family Contribution (EFC) of \$0 on the Free Application for Federal Student Aid (FAFSA) for the current academic year.

➔ Individuals enrolled less than half-time may be SNAP-eligible if they meet all other SNAP eligibility requirements.

The new, temporary exemptions will be in effect until 30 days after the COVID-19 public health emergency is lifted.

HOW TO APPLY

1

Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646-355-1475

2

ACCESSNYC

Apply online at: www.nyc.gov/accessnyc

3

Visit Your Local HRA Office

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.

Due to COVID, many SNAP offices are consolidating. To confirm most up-to-date offices and hours, please call the agency directly or visit findfood.hungerfreeamerica.org.

1 SNAP Queens Center

32-20 Northern Blvd., 2nd Fl. (entrance on Honeywell St.), 11101
718 784 6315

Mon-Fri 8:30am-5pm. This location will serve SNAP clients whose needs cannot be met through ACCESS HRA or over the phone.

- **SNAP Rockaway**

219 Beach Street 59th Street, 1st FL, 11692
718 637 2750

Mon-Fri 8:30am-5pm. This location will serve SNAP clients whose needs cannot be met through ACCESS HRA or over the phone.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN PROGRAM (WIC)

QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children up to the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.
- ➔ WIC is not considered a public charge. Receiving WIC will not affect your immigration status.

HOW TO APPLY

To find the WIC office nearest you;

- call 800 522 5006
- call 866 3-HUNGRY
- or visit one of your local WIC offices, listed on the following page.
- Due to COVID, most WIC locations are working on modified hours and offering services remotely over the phone. To confirm most up-to-date hours, please call the agency directly or visit findfood.hungerfreeamerica.org.

2 Public Health Solutions Astoria WIC Center

12-26 31st Avenue, 11106

718 726 5816

Mon-Sat 8:30am-4pm. Remote services only. Leave voicemail with name, phone number, and reason for call and they will return your call as soon as possible.

3 Bellevue - Sunnyside WIC

49-02 Queens Blvd., 11377

718 779 8828

Mon 9am-6pm; **Tues-Fri** 8:30am-4:30pm. Remote and in-person services available.

4 Catholic Charities Woodside WIC Site

42-71 65 Pl., 11377

718 715 7001

Mon-Fri 8:30am-4:30pm. Remote services only.

5 Elmhurst Hospital Center

81-06 Baxter Ave., 11373

718 334 3265

Mon-Fri 9am-5pm. Remote services only. Open in-person on Monday, Wednesday, Friday at 12pm for participants to pick up cards.

6 Public Health Solutions Corona WIC Center

103-24 Roosevelt Ave., 3rd Floor, 11368

718 335 7563

Mon 10:30am-6pm; **Tue-Fri** 9am-4:30am

**7 Urban Health Plan - Plaza del Sol Family Health Center
Queens WIC**

104-01 Corona Avenue, 11368

347 686 3700 x5580

Mon, Tues 9am-5pm; **Wed, Thurs** 8am-6pm; **Fri** 9-5pm. Remote services only.

- 8 Flushing Hospital Medical Center**
4500 Ave at Parsons Blvd., Room 401, 11355
718 670 5277
Mon-Fri 9am-5pm. Remote services only.
- 9 Public Health Solutions Ridgewood WIC Center**
55-05 Myrtle Ave., 3rd FL., 11385
718 381 8343
Mon, Wed, Fri 9am-4:30pm, remote services only. **Tues,Thurs**
9am-3pm, in-person, and 9am-4:30pm, remote services.
- 10 Queens Hospital Center - Queens General WIC**
79-18 164th St., 11432
718 883 4868
Mon, Tues, Thurs, Fri 8am-4pm; **Wed** 8am-6pm
- 11 Catholic Charities Jamaica WIC Site**
161-10 Jamaica Ave, 11432
718 657 2580
Mon-Fri 8:30am-4:30pm. Remote services only.
- 12 Jamaica Hospital**
134-20 Jamaica Ave, 11418
718 206 8600
Mon-Fri 7:30am-5:30pm; **Wed** open until 7pm; **every other Sat**
8am-3pm. Remote services only..
- 13 Queens Hospital Center - South Jamaica WIC**
114-02 Guy R. Brewer Blvd., 11434
718 883 6630
Mon-Fri 8-5pm. Remote services only.
- 14 Joseph P. Addabbo Community Health Center**
114-39 Sutphin Blvd., 11434
718 945 7150 x3107
Mon-Fri 9am-5pm. Remote and in-person services available.

15 Joseph P. Addabbo Community Health Center

1288 Central Ave., 11691

718 945 7150 x2132/2133

Tues-Fri 9am-5pm. Remote and in-person services available.

16 Joseph P. Addabbo Community Health Center - Beach Channel Dr.

6200 Beach Channel Dr., 11692

718 945 7150 x1115

Mon-Fri 9am-5pm. Remote and in-person services available.

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required. Due to COVID, many sites will be offering meals to be picked up.

Visit **www.schoolfoodnyc.org** for more information about school breakfast, school lunch, and summer meals.

For nearby summer meals sites,

- ➔ text FOOD to 877-877
- ➔ call 311,
- ➔ or call the National Hunger Hotline at 866 3-HUNGRY.

PANDEMIC EBT

New York is providing Pandemic EBT (P-EBT) food benefits to all households with children who receive free school lunch under the National School Lunch Act and whose school was closed or operating with reduced in-school attendance due to COVID-19 during the 2020-2021 academic year.

P-EBT benefits distribution for the 2020-2021 school year expected to begin summer 2021. For updates, visit **<https://otda.ny.gov/SNAP-COVID-19/>** .



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required.

Senior centers and other sites with food for seniors are marked with ● in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



Agencies listed as **soup kitchens** provide prepared meals during their listed serving times, while agencies listed as **food pantries** provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address.

To confirm, contact the agency directly, visit **findfood.hungerfree-america.org** or call the National Hunger Hotline at **866 3HUNGRY**.

Agencies marked with ● are senior centers and/or provide food specifically for seniors.

LONG ISLAND CITY, ASTORIA, DITMARS

11101, 11102, 11106

- **17 City Harvest- Queensbridge Mobile Market**
Basketball court directly behind the Jacob A. Riis Neighborhood Settlement House (40-07 Vernon Boulevard), 11101
654 412 0600
Mobile Market: 2nd Tues, 4th Sat 9:30am-11:30am. You must be a resident of the Queensbridge Houses or Ravenswood Houses or a member of the Jacob Riis Senior Center.

- 18 Catholic Charities: St. Patrick**
39-38 29th St., 11101
718 722 6001
Food Pantry: 3rd Sat 10am-11am.

- 19 Iglesia Alianza Cristiana Misionera Ebenezer**
43-02 38th Street, 11101
718 681 8659, 718 207 6859
Food Pantry: Sat 8am-1pm.

- 20 St. Raphael's Food Pantry**
35-20 Greenpoint Avenue, 11101
718 729 8957, 718 729 8958
Food Pantry: Mon 10:30am-12pm; **Sat** 1:30pm-3pm.

- 21 City Harvest- Astoria Mobile Market**
Basketball court off of Astoria Boulevard in the Astoria Houses (4-20 Astoria Blvd), 11102
653 412 0600
Mobile Market: 1st Sat, 3rd Thurs 9:30am-11:30am. You must be a resident of the Astoria Houses or a resident in zip code 11102.

- 22 St. Margaret Mary Church Food Pantry**
9-18 27th Avenue, 11102
718 721 9020
Food Pantry: Tues, Thurs 11am-1pm.

23 Salvation Army Astoria Corps

45-18 Broadway, 11103

718 721 9046

Food Pantry: Wed 10am-11:30am.

Soup Kitchen: Mon-Fri 9am-2pm.

24 Hour Children Food Pantry

36-11th St. between 36th & 37th Ave., 11106

718 482 8226

Food Pantry: Mon 2pm-4pm; **Tues** 10:30am-12:30pm; **Thurs**

3pm-5pm.

**SUNNYSIDE, WOODSIDE, CORONA, ELMHURST, JACKSON
HEIGHTS, FLUSHING**

11377, 11369, 11368, 11373, 11354, 11355

25 ACQC (AIDS Center of Queens County), Woodside

62-07 Woodside Avenue 1st Floor, 11377

718 472 9400

Food Pantry: Tues, Thurs 9am-11am. Photo ID required.

**26 St. John's Bread and Life Mobile Soup Kitchen- Woodside-
Day Laborers Woodside Hart Playground**

37th Avenue and 69th Street Woodside (Woodside Hart Play-
ground), 11377

718 574 0058

Mobile Soup Kitchen: Tues 9:30am-10:45am.

27 Blessed Virgin Mary/St. Mary's Church Winfield

70-31 48th Avenue, 11377

917 751 2162, 718 672 4848

Food Pantry: Thurs 9:30am-12pm.

28 Catholic Charities: St. Teresa

50-20 45th Street, 11377

718 722 6001

Food Pantry: Tues 4pm-6pm.

29 Atonement Lutheran Church

30-61 87th St, 11369

718 639 6074

Food Pantry: 1st Thurs 8am-9am.**30 First Baptist Church**

100-10 Astoria Boulevard, 11369

718 446 0200

Soup Kitchen: Wed 12pm-2pm.**31 Salvation Army-Queens Temple**

86-07 35th Avenue, 11372

914 552 8973, 718 335 1590, 347 399 5209

Food Pantry: Wed 9am-10:30am.**Soup Kitchen: Mon-Fri** 12pm-1pm.**32 Mt. Olivet Gospel Church**

33-27 97th Street, 11368

718 478 0780

Food Pantry: Wed 5:30pm-6:30pm.**33 Elmcour Youth & Adult Activities Inc.**

107-20 Northern Blvd, 11368

718 651 0096 x211

Food Pantry: Wed 12pm-3pm; **Fri** 10am-3pm.**34 Corona SDA Church**

35-30 103rd Street, 11368

718 651 4534

Food Pantry: Mon 9am-11am.**Soup Kitchen: Sun** 12pm-2pm.**35 Evangelical Church Christ is the Light**

89-16 48th Avenue, 11373

347 742 7614

Food Pantry: Fri 9am-11am.

36 New Life Food & Clothing Pantry

82-10 Queens Blvd, 11373

718 424 0122

Grab & Go Meals: Tues 5-7:30pm; **Sat** 10am-12:30pm. Meals for those experiencing homelessness.

37 La Jornada

133-36 Roosevelt Ave, 11354

929 300 7068

Food Pantry: Sat 9am-3pm.

38 Catholic Charities: St. Michael

136-76 41st Ave., 11355

718 961 0295

Food Pantry: Tues, Wed 10:30am. Bring photo ID.

39 South Asian Council for Social Services (SACSS)

143-06 45th Ave., 11355

718 321 7929

Delivery: Tues 9am-4pm.

RIDGEWOOD, MIDDLE VILLAGE, MASPETH, REGO PARK, FOREST HILLS

11375, 11374, 11367, 11385

40 Forest Hills Senior Center/Queens Community House

108-25 62nd Drive, 11375

718 699 1010

Food Pantry: Thurs 8:30am-10:30am.

41 Central Queens Y/Esther Grunblatt Russian Service Center

108-13 67th Road, 11375

718 268 5011

Food Pantry: Mon-Fri 9:30am-2pm. You will need to provide a photo ID, your home address, and phone number.

42 Catholic Charities: Our Lady of the Angelus

63-63 98th Street, 11374

718 897 4444

Food Pantry: 1st, 3rd Sat 9am-12pm.**43 Kehilat Sephardim Food Pantry**

150-62 78th Rd, 11367

718 591 9574

Food Pantry: Sun 10am-4pm; **Mon, Wed** 10am-2pm; **Tues, Thurs** 11am-1pm (Priority clients). Kosher Food Pantry serving the greater Queens Community. Operates via Open Market / Client Choice style.**44 Salvation Army Ridgewood Citadel Corps**

69-23 Cypress Hills Street, 11385

718 497 4356

Food Pantry: Wed 10:30am-1pm.**45 Ridgewood Older Adult Center**

59-14 70th Avenue, 11385

718 456 2000

Food Pantry: Wed 10:30am-12:30pm; **Thurs** 10:30am-12:30pm.

Wednesdays for active senior center members, only. Thursdays for Community District 5 residents. Food Pantry is closed the 1st week of every month.

46 Sacred Heart Church

83-17 78th Avenue, 11385

718 821 3285

Food Pantry: Mon-Thurs 9am-3pm. Register with photo ID and proof of residence.**47 Agape Christian Center**

59-02 Summerfield Street, 11385

347 423 6724

Food Pantry: Sat 10am-11:30am.

KEW GARDENS, OZONE PARK, WOODHAVEN, RICHMOND HILL

11418, 11421, 11420, 11419, 11417, 11416, 11414

48 Richmond Hill SDA Community Services

114-08 Jamaica Avenue, 11418

718 301 3179

Food Pantry: Sun 8pm-9pm.

● **49 The River Fund**

89-11 Lefferts Blvd., 11418

718 441 1125

Food Pantry: Sat 8am-11:30am; **Wed** 9am-12pm. Saturday is open to the public. Wednesday is reserved for seniors.

50 Elohim Community Development and Outreach Inc.

87-47 111th Street, 11418

917 916 3066

Food Pantry: Thurs, Fri 7am-7pm.

51 All Nations Baptist Church Community Food Pantry

86-74 80th Street, 11421

718 847 4229

Food Pantry: Sat 10am-11am.

52 Second Chance Agape Worship Center

200-12 Hollis Avenue, 11421

917 767 6262

Food Pantry: Thurs 12pm-2pm.

53 Five Loaves Two Fish: Leviticus Church

114-12 Van Wyck Expressway, 11420

718 322 1095

Food Pantry: Wed 1pm-2pm; **Sat** 12pm-1pm.

54 St. Theresa of Avila Church Community Services

109-26 130th Street, 11420

917 600 3980, 917 309 2595

Food Pantry: Mon, Thurs 9am-11am.

55 Christina Home Care Food Pantry

120-13 Liberty Ave., 11419
917 592 8686, 347 553 4688

Food Pantry: Fri 12:30pm-5pm.

56 Zion Tabernacle Food Pantry

105-01 107 Avenue, 11417
718 717 9993

Food Pantry: Tues 1pm-3pm. Bring any form of ID. We are closed the 5th Tuesdays. If you are in need of food during the periods we are closed, please call the listed number for assistance.

57 Crossover Baptist Church Community Outreach Help Center

85-12 101st Avenue, 11416
718 322 1200

Food Pantry: Fri 10am-12pm. Open every other Friday. Bring bags. Be prepared to show proof of family size.

58 Our Lady of Grace Parish Ministries

15810 101st Street, 11414
718 845 6635

Food Pantry: Tues 10:30am-12pm.

JAMAICA

11432, 11433, 11434, 11435, 11436

59 St. Nicholas of Tolentine Church

150-75 Goethals Avenue, 11432
718 969 3226

Food Pantry: Mon-Fri 9am-12pm, 1pm-3pm.

60 First United Methodist Church of Jamaica

162-10 Highland Avenue, 11432
347 526 7724

Food Pantry: Mon 8:30am-9:30am.

61 Jamaica Hispanic SDA Church

88-28 161th Street, 11432

718 736 5291

Food Pantry: Sat 8am-9am.

62 Presentation of the Blessed Virgin Mary

88-19 Parsons Blvd, 11432

718 739 0241

Soup Kitchen: Thurs 5:30pm-6:30pm. Due to COVID, take-out food only.

Food Pantry: Tues 4pm-6pm.

63 Tabernacle of Prayer

90-07 Merrick Blvd., between 90th & 91st, 11432

718 657 4210

Food Pantry: Tues 11:30am-12:15pm; **Fri** 10am-11:30am.

64 First Presbyterian Church in Jamaica

89-60 164th Street, 11432

718 526 4775 x29

Food Pantry: Tues 10am-12pm.

Soup Kitchen: Wed 5pm-6:30pm.

65 Salvation Army Jamaica Citadel

90-23 161st Street, 11432

917 498 8675

Food Pantry: Thurs 10am-3pm.

Soup Kitchen: Mon-Wed 12pm-1pm.

66 ACQC (AIDS Center of Queens County)

161-21 Jamaica Ave. 6th Floor, 11432

718 896 2500, 347 574 5554

Food Pantry: Tues, Thurs 9am-10:30am.

- 67 The Harding Ford Vision, Inc**
157-22 Tuskegee Airmen Way, 11433
347 661 7382
Food Pantry: Wed 10am-12pm; **Sat** 2pm-4pm. Walk-in or make appointment via Plentiful app. Bring cart or bags.
Baby Program: 4th Mon 10am-12pm.
- 68 St. Bonaventure-St. Benedict the Moor Food Pantry**
171-17 110th Avenue, 11433
718 526 0040
Food Pantry: 2nd, 4th Tues 10am-11:30am.
- 69 Greater Allen A.M.E. Cathedral of New York**
110-31 Merrick Boulevard, 11433
718 206 4600 x3018
Food Pantry: Mon 3pm-5pm; **Thurs** 12pm-2pm. Open to all.
- 70 Bethany Baptist Church of Jamaica**
157-11 111th Avenue, 11433
718 659 1091
Food Pantry: Tues, Wed 11am-2pm.
- 71 Bethel Gospel Tabernacle Church**
110-25 Guy Brewer Blvd., 11433
718 291 2676
Food Pantry: Wed 9:30am-12pm. Bring ID.
Soup Kitchen: Tues, Fri 12pm-2pm.
- 72 National Sorority Phi Delta Kappa**
117-08 Merrick Blvd., 11434
718 723 1119
Food Pantry: Tues 11am-1pm; **Thurs** 3:30pm-5:30pm.
- 73 Christ Church International Joseph House**
122-20 Merrills Street, 11434
516 860 4432
Food Pantry: 2nd and 4th Sat 10am-12pm. Bring ID (Driver License and/or Passport).

- **74 Project Hope Charities Inc.**
170-20 140th Avenue, 11434
718 529 0005
Food Pantry: Fri 1:30-2pm (seniors); Fri 2pm-3:30pm (all).

- 75 Church of Christ the King Pantry**
145-39 Farmers Blvd., 11434
718 528 6010
Food Pantry: Tues 3pm.

- 76 Brooks Memorial United Methodist Church**
143-22 109th Avenue, 11435
646 221 3890
Food Pantry: Thurs 11am-2pm.

- 77 Christ Apostolic Church/WOSEM**
108-02 Sutphin Blvd, 11435
646 925 0641
Food Pantry: Sat 10am-12pm.

- 78 Blanche Memorial Church**
109-74 Sutphin Blvd, 11435
718 658 2458
Food Pantry: Tues 9:30am-10:30am.

- 79 St. Clement Pope Roman Catholic Church**
141-11 123rd Avenue, 11436
718 529 0273
Food Pantry: 1st, 3rd Thurs 4pm-5pm.

- 80 Union United Methodist Church**
126-22 150th Street, 11436
718 529 3691
Food Pantry: 3rd, 4th Fri 3pm-5pm.

- 81 Holy Ghost Upper Room Filling Station Ministry**
146-17 133rd Avenue, 11436
718 791 1183
Food Pantry: Sat 9:30am-11:30am.

82 Morris Brown AME Church - Helping Hand

145-03 Rockaway Blvd, 11436

646 725 3106, 718 322 7596, 347 224 3988

Food Pantry: Wed 10am-12pm.**Soup Kitchen: Wed** 1:30pm-3pm.**ST. ALBANS, SPRINGFIELD GARDENS, QUEENS VILLAGE, CAMBRIA HEIGHTS, HOLLIS**

11427, 11423, 11429, 11411, 11412, 11413

83 Catholic Charities: Church of the Incarnation

89-28 207th St., 11427

718 465 8534

Food Pantry: Fri 12pm-2pm.**84 Walk in Love Family Center**

202-11 Jamaica Ave, 11423

347 563 8842

Food Pantry: Wed 1pm-4:30pm. Distribution is while supplies last.**85 Beraca SDA Church**

91-19 191st Street, 11423

718 740 1916

Food Pantry: Wed 9:30am-11:30am.**86 Hollis Avenue Congregational Church**

211-04 Hollis Avenue, 11429

516 528 2422

Food Pantry: Tues 8am-11am. 8am-9am seniors (60 years old+) and first responders.**87 Queens Tabernacle Church**

114-03 Colfax Street, 11411

973 223 1836

Food Pantry: Sat 9:30am-1pm.

88 Kerith Food Pantry

230-11 Linden Blvd, 11411

917 523 7476

Food Pantry: Wed 5:30pm-6:30pm.

89 Genesis Transitional Housing Ministries Inc.

195-12 Hollis Avenue, 11412

917 567 5745

Food Pantry: Fri 9am-12pm.

90 First Church of God in Christ

187-10 Baisley Blvd, 11412

347 569 1458, 718 925 5198, 718 712 4831

Food Pantry: Thurs 12pm-3pm.

91 Our Lady of Light Food Pantry

118-22 Riverton Street, 11412

917 261 1808, 718 468 3511

Food Pantry: Wed 12pm-2pm

92 St. Albans Baptist Church

196-20 119th Avenue, 11412

917 414 3953

Food Pantry: Fri 10am-11am; **Sat** 10am-12pm.

93 Queens Faith Temple Outreach Center

217-03 Merrick Blvd, 11413

917 603 9295

Food Pantry: Sun 2pm-4pm.

THE ROCKAWAYS

11691, 11692, 11693, 11694

94 First Presbyterian Russell Sage Memorial Food Pantry

896 Central Avenue, 11691

718 909 5953

Food Pantry: Sat 9am-10:30am.

95 First Church of God

1425 Beach Channel Drive, 11691
718 327 1114

Food Pantry: 2nd, 4th Sat 10am-1pm.

96 The Campaign Against Hunger at World Harvest Deliverance Center

1521 Central Ave, 11691
718 773 3551

Mobile Food Pantry: Tues, Thurs 3pm-6pm.

97 Jewish Community Council of the Rockaway Peninsula

1525 Central Ave, 11691
718 327 7755

Food Pantry: Tues 9:30am-1:30pm. Can come once a month. Client Choice. Provides SNAP enrollment assistance.

98 ACQC (AIDS Center of Queens County), Far Rockaway

1600 Central Avenue, 11691
718 868 8645

Food Pantry: Fri 9:30am-11am.

99 St. Mary Star of the Sea

1920 New Haven Avenue, 11691
347 246 9344

Food Pantry: Tues, Fri 1pm-3pm. By appointment.

100 J.U.S.T.I.C.E. Organization/Jesus is Justice Mission Inc.

219 Beach 28 St., 11691
718 772 7951

Food Pantry: Wed 12pm-2pm.

101 Full Gospel Tabernacle Food Pantry

361 Beach 42nd Street, 11691
718 327 2221

Food Pantry: Sat 7am-12pm.

102 First Baptist Church/H.O. Scott Education and Community Center

15-10 Redfern Ave., 11691

718 327 2208

Food Pantry: Tues 5pm-7pm.

103 Jesus is Justice Mission Inc.

223 Beach 28th Street, 1st Floor, 11691

917 566 1961

Food Pantry: Wed 12pm-3pm.

104 Bethel A.M.E. Church

215 Beach 77th Street, 11692

718 474 7712, 516 503 9715

Food Pantry: Thurs 11am-1pm.

105 Catholic Charities, St. Rose of Lima

130 Beach 84th St., 11693

718 722 6001

Food Pantry: Tues, Fri 10am-12pm.

106 St. Camillus RC Church

99-15 Rockaway Beach Blvd., 11694

718 634 8229

Food Pantry: Wed 10am-11am. Serves residents from Beach 95th St and above. Proof of address required.



FROM THE FARM

COMMUNITY SUPPORTED AGRICULTURE (CSA) PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880

Web: www.justfood.org/csalloc

LONG ISLAND CITY, ASTORIA, DITMARS

11105, 11104

107 Ditmars Park Farmstand

Steinway St between Ditmars Blvd & 23rd Ave, 11105

Sat 9:30am-2pm, July 10-Nov 20

108 Sunnyside Greenmarket

Skillman Ave & 43rd St, 11104

Sat 8am-3pm, year-round

SUNNYSIDE, WOODSIDE, CORONA, ELMHURST, JACKSON HEIGHTS, FLUSHING

11372, 11373, 11368, 11355

109 Jackson Heights Greenmarket

34th Ave & 79th St, 11372

Sun 8am-3pm, year-round

110 Elmhurst Hospital Greenmarket

41st Avenue btw 80th & 81st Sts, 11373

Tues 8am-4pm, June 1-Nov 23

111 Corona Greenmarket

Roosevelt Ave & 103rd St, 11368

Fri 8am-3pm, June 18-Nov 19

112 Flushing Greenmarket

Kissena Blvd and Maple Ave (Maple Playground), 11355

Wed 8am-3pm, July 7-Nov 24

RIDGEWOOD, MIDDLE VILLAGE, MASPETH, REGO PARK, FOREST HILLS

11375, 11385, 11237

113 Forest Hills Greenmarket

Queens Blvd & 70th Ave, 11375

Sun 8am-3pm, year-round

114 Ridgewood Farmstand
Cypress Ave & Myrtle Ave, 11385
Sat 8:30am-3pm, July 10-Nov 20

115 Myrtle-Wyckoff Greenmarket
Wyckoff btw Gates & Myrtle, 11237
Thurs 8am-3pm, July 8- Nov 18

EASTERN QUEENS

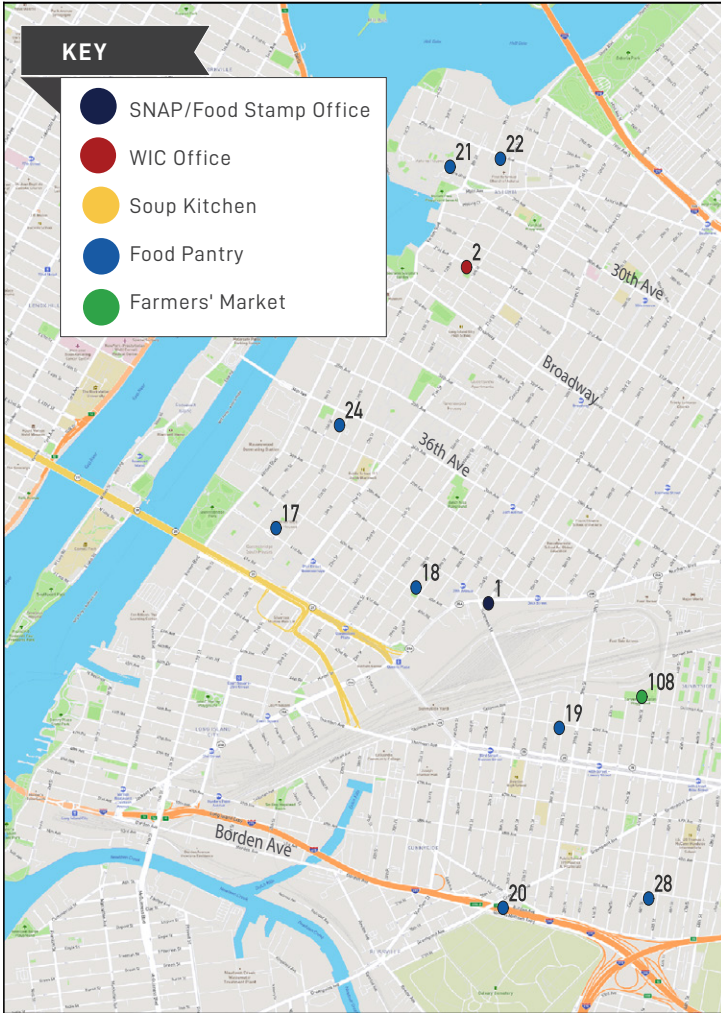
11366, 11418

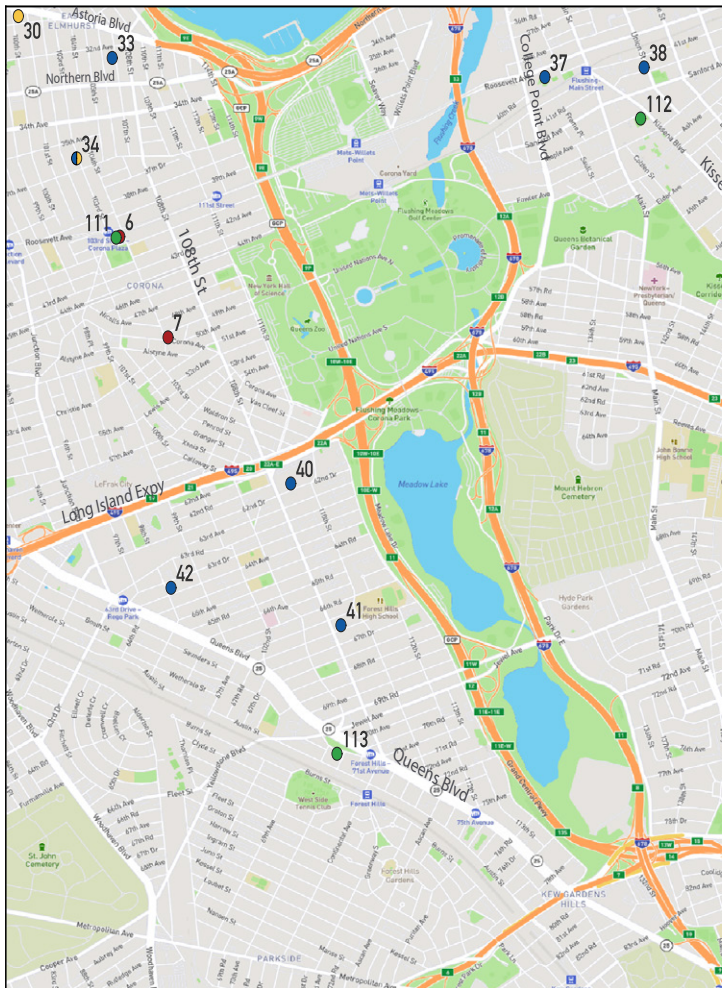
116 Down to Earth's Cunningham Park Farmer's Market
NE Corner of Cunningham Parking lot off Union Turnpike,
11366
Sun 9am-2pm, May 9-Dec 19

117 Forest Park Farmstand
Myrtle Ave and Park Lane South, 11418
Sat 8:30am-3pm, July 10-Nov 20

KEY






- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market

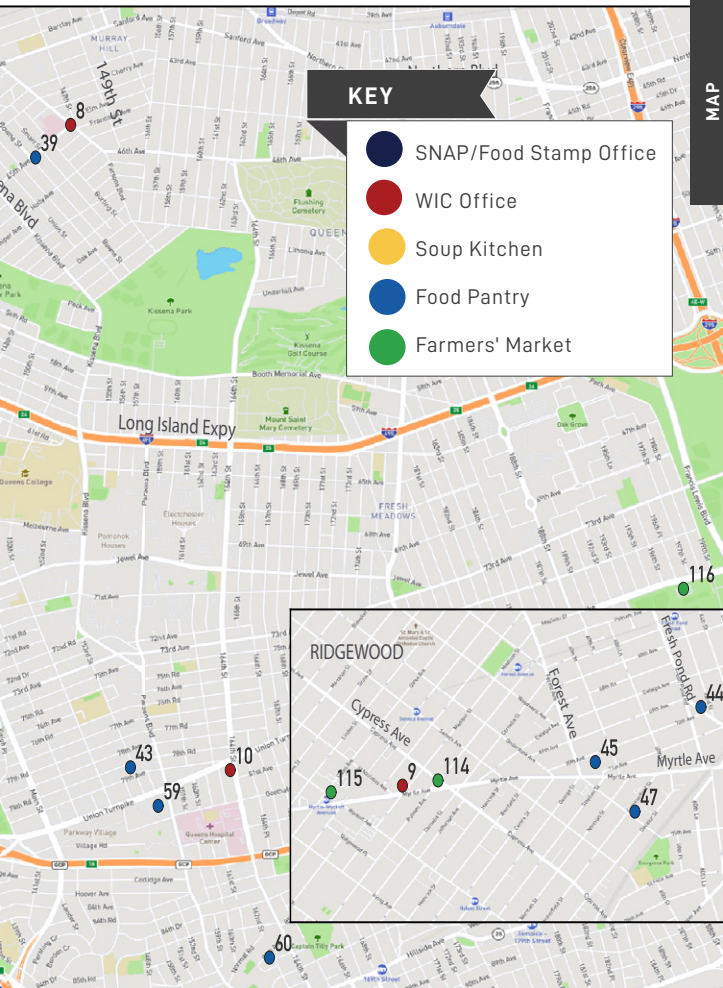


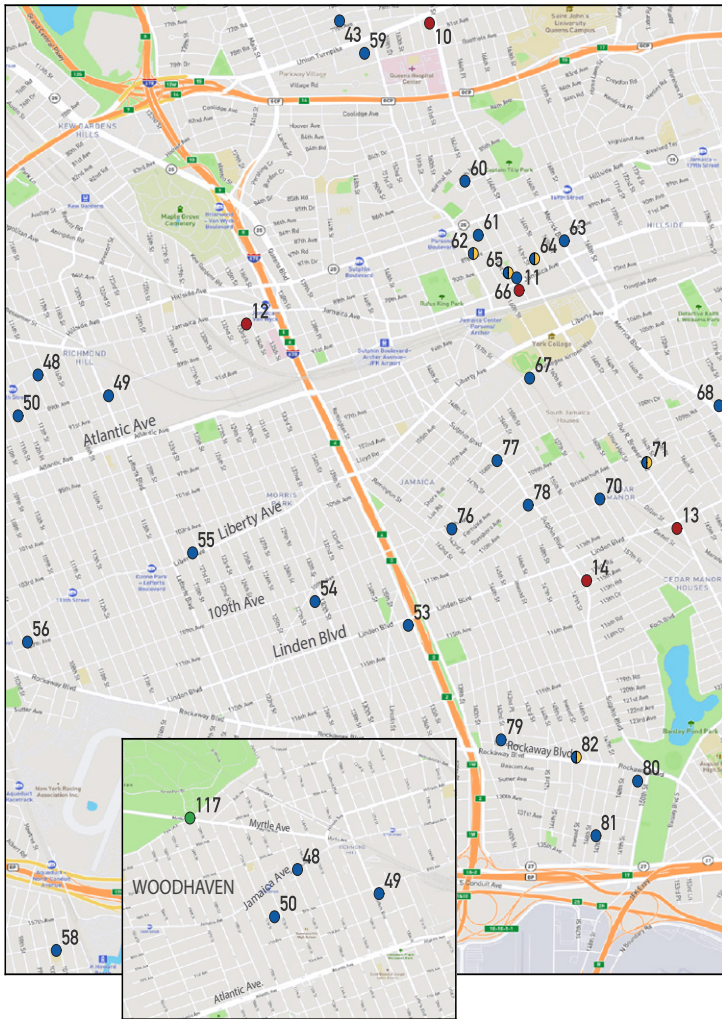


Neighborhood Guide to Food and Assistance - Queens Edition

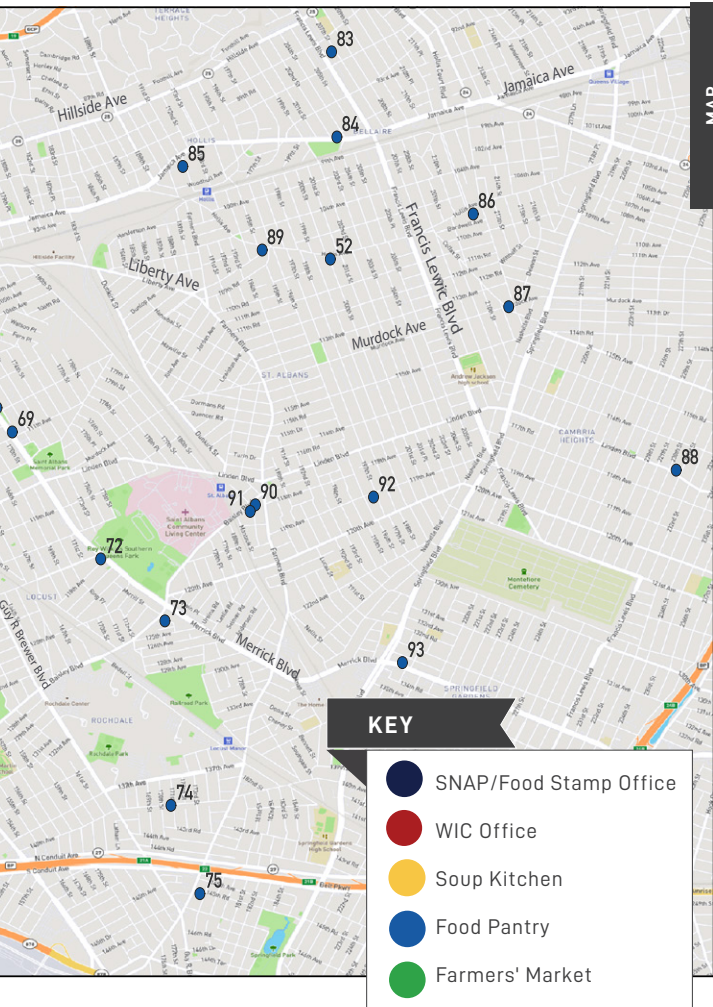
KEY

-  SNAP/Food Stamp Office
-  WIC Office
-  Soup Kitchen
-  Food Pantry
-  Farmers' Market





Neighborhood Guide to Food and Assistance - Queens Edition





HOME DELIVERED MEALS

GOD'S LOVE WE DELIVER

God's Love We Deliver cooks and home-delivers nutritious meals for people with serious illnesses and their families.

Eligibility is based on a valid medical note that reflects diagnosis and difficulty with activities. Application form from website (www.glwd.org/getmeals) can be faxed or emailed, or call agency directly for an interview. New clients must apply for services before assessment for home delivery of meals. Dial 212-294-8102 or email clientservices@glwd.org to learn more.

*Information on Meals-On-Wheels can be found in the Senior Meals section.



JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

- www1.nyc.gov/site/hra/help/career-services.page
- www1.nyc.gov/site/hra/help/types-training-education.page

OTHER ASSISTANCE

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

Medical Care

Elmhurst Hospital Center

79-01 Broadway, 11373
718 334 4000

Junction Medical Center

34-33 Junction Blvd., 11372
718 334 6150

Ridgewood Medical Center

769 Onderdonk Ave., 11385
718 334 6190

Jackson Heights Health Center

34-33 Junction Boulevard, 1st Floor, 11372
718 334 6150

Long Island City Health Center

36-11 21 St, 11106
718 482 7772

Woodside Health Center

50-53 Newtown Rd., 11377
718 334 6140

Queens Hospital Center

82-68 164 St., 11432
718 883 3000

Jamaica Hospital

8900 Van Wyck Expressway, 11418
718 206 6000

South Queens Health Center

114-02 Guy R. Brewer Blvd., 11434
718 883 6699

Charles B. Wang Community Health Center

136-26 37 Ave., 11354

718 886 1200

Queens Health Network Medical Center at Parsons

90-37 Parsons Blvd., 11413

718 334 6440

Joseph P. Addabbo Family Health Center

6200 Beach Channel Dr., 11692

718 945 7150

EMERGENCY NUMBERS

National Hunger Hotline 866-3HUNGRY (866-348-6479)

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800-994-6494 / 212-533-5151

Immigration Hotline: 212-419-3737 / 800-566-7636

Center for Disease Control: 800-232-4636

Poison Control: 800-222-1222

AIDS Hotline: 800-541-AIDS / 800-233-7432 (Español)

Alcoholics Anonymous: 212-647-1680

Narcotics Anonymous: 212-929-6262

Gamblers Anonymous Hotline: 855-222-5542

Domestic Violence Hotline: 800-621-4673

Battered Women Hotline: 718-499-2151

Rape & Sexual Assault Hotline: 212-423-2140 / 212-227-3000

Child Abuse Hotline: 800-342-3720

Runaway Hotline: 800-786-2929 (800-RUN-AWAY)

Crime Victim Hotline: 212-577-7777 / 800-689-4357

Suicide Hotline: 800-273-8255

National Crisis Line: 800-999-9999























Mental Health Hotline: 888-692-9355

Emotional Support Helpline: 844-863-9314

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WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals

